

Garden Transformation Starter Guide



Your Small-Space Roadmap to a Thriving
Self-Sufficiency Garden



By *Grow Make Learn*



A personal welcome

I'm a great believer that you don't need acres of land or fancy tools to start living more sustainably. Whether you've got a balcony, courtyard, or patch of lawn, this guide will help you turn what you do have into something wonderful.

Over the next few pages, you'll get practical prompts, planning tools, and reflection sheets to help you plan your own self-sufficiency garden — no overwhelm, no jargon, and definitely no perfection required.

Grab a pencil, roll up your sleeves, and let's get growing.

Niki Wilkinson

Grower, Maker, and Life-Long Learner

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Assess Your Space

Look Before You Leap

How much sun does your garden get?

Morning

Midday

Evening



What areas stay shady?

Where does water pool or run off?

What's thriving there already?

What natural features already exist?

Garden Scribble Sketch or scribble your garden here — stick figures and scribbles welcome!

The grid consists of 20 columns and 15 rows of dots. In the bottom-left corner, there is a decorative illustration of a flowering branch with several buds and leaves. In the bottom-right corner, there is a decorative illustration of a flowering branch with several open flowers and leaves.

Define Your Focus

Grow What You Love

Q1

My top 3 reasons for starting a self-sufficiency garden:

Q2

This year, I want to grow... (veggies, herbs, flowers, pollinator plants)

Q3

How much time can I give each week?

Q3

What's my motivation if I lose momentum?

Remember: your garden should fit your life — not the other way around.

Resources You Already Have

Use What You've Got Before Buying Anything New

Tools & Equipment

Garden tools come in all shapes and sizes, think outside the box as to what you have available already

- Trowel
- Gloves
- Secateurs
- Compost bin or heap
- Hose or watering can
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Materials & Containers

What can you use to grow in? Think pots, boxes, crates, packaging, even jars!

- Pots
- Old buckets
- Pallets
- Crates
- Spare Wood
- Tarpaulin
- Wire Mesh
- Kitchen Scraps
- Cardboard
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Knowledge & Support

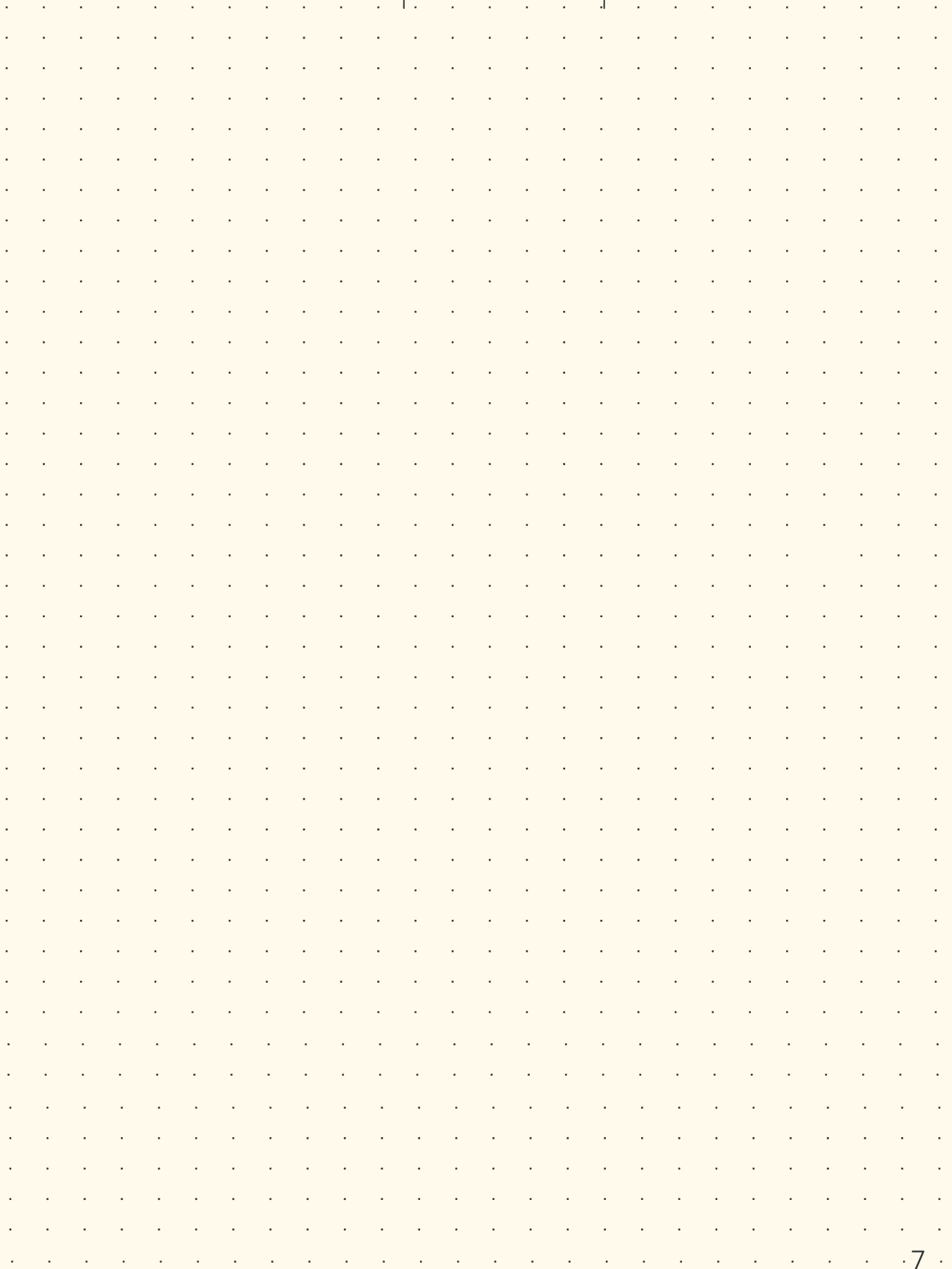
There are so many places to find support for your gardening journey, including the Grow Make Learn community!

- Gardening Books
- YouTube
- Local Groups
- Friends Who Garden
- Allotment Association
- Family Advice
- Online Communities
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Grow Make Learn Tip: Every successful small garden starts with a spirit of resourcefulness.

Sketch Your Space Part 2

Don't aim for perfect — aim for possible.



Weekly Garden Rhythm

Small Daily Actions Create Big Changes

Week of: _____

Month: _____

Weekly Routine Table

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06	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
07	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
08	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Refelctions: What worked well this week? What needs adjusting? What made me smile in the garden this week?

Grow Make Learn Tip: Ten minutes a day in your self-sufficiency garden beats one frantic Sunday afternoon.

Keep Growing with Us

You've taken your first steps towards a simpler, more intentional life. Ready to keep building momentum?

Each month brings something to Grow, Make & Learn — seeds, projects, and digital guides designed to help you live more self-sufficiently at home.

Share Your Wins

   @GrowMakeLearn



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